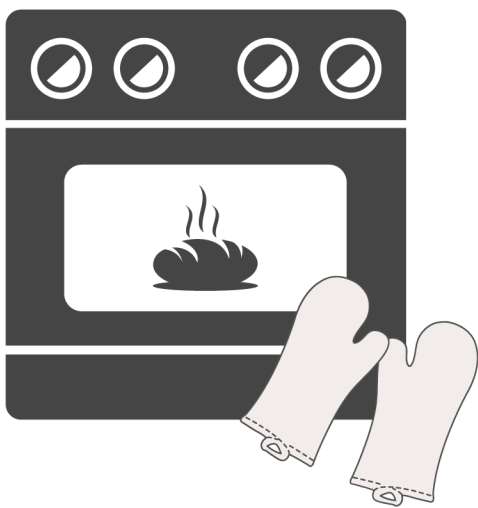


Kitchen reminders

Turn it Off



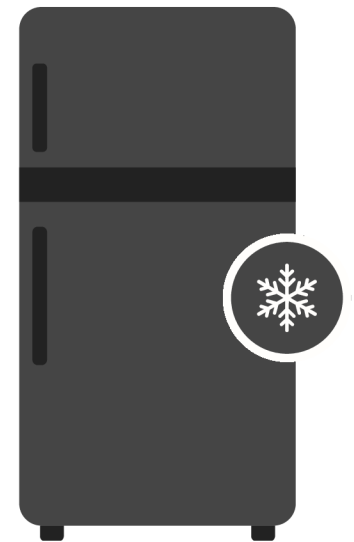
Check that the oven & top burners are turned OFF

Unplug Devices



Unplug your toaster oven & air-fryer when not in use

Fridge & Freezer



Close the fridge doors

Rinse your Dishes



The first step to avoiding doom dishes - Rinse!

Unload the Dishwasher



Reminder to load or unload the diashwasher

Sweeping



Sweep the floors everyday - avoid stepping on potential sensory triggers

Knife Safety



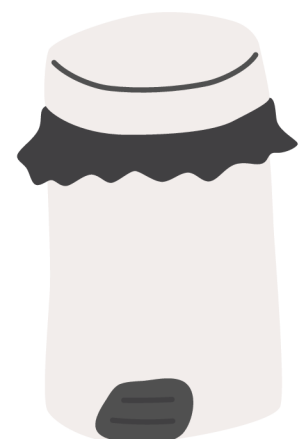
Don't cut toward your hand - scan for tripping hazards

Cabinet Doors



Close your cabinet doors and push close the drawers

Pick up your Trash



When leaving a room, take your garbage with you & put it in the bin



